



2019 OGA Annual Conference
**“Sex, Drugs, & Walk ‘n’ Roll:
Promoting Healthy Aging for All”**

Friday, October 25, 2019
8:30 AM - 3:30 PM
Keizer Community Center, Keizer, OR

Dr. Alethea Fleming, ND
*Vital Aging Clinic,
Anacortes, WA*



Rev. Dr. Alice Scannell
*Gerontologist, Educator
and Episcopal Priest*

This year’s conference will highlight a holistic approach to health and well-being in later life for all, including older adults with varying ethnic and cultural backgrounds.

In their keynote talks, **Dr. Alethea Fleming** will present on *naturopathic approaches to healthy aging* and **Rev. Dr. Alice Scannell** will discuss her recent book, *Radical Resilience*.

Additional speakers will address a variety of issues important for those who work with older adults, including:

- sex and aging in care communities
- substance use and abuse in later life
- therapeutic benefits of music for older adults
- food as medicine
- physical activity promotion for all

Non-Members \$115; OGA Members \$85; OGA Member Students/Elders \$30;
Non-Member Students/Elders/Attendees with Limited Financial Means \$50.

For additional information, please visit www.oregongero.org.
We hope to see you there!